## ERGODIC AVERAGES AND HELICAL TRANSFORMS

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ABSTRACT. Our setting is a probability space  $(X, \mathcal{B}, \mu)$ , equipped with an invertible, ergodic, measure-preserving transformation  $T : X \to X$ . Most ergodic theorists learn quite early and remember until quite late that

$$\lim_{n \to \infty} \frac{1}{n} \sum_{j=1}^{n} f(T^j x) = \int_X f d\mu,$$

both almost surely and in  $L^2$ , for each  $f \in L^2$ . With almost no extra effort, one sees that the averages

$$\frac{1}{n}\sum_{j=1}^{n}e^{(ij\theta)}f(T^{j}x)\,,\quad\theta\in\left[-\pi,\pi\right]$$

satisfy: for each fixed  $\theta$ , they converge (as *n* tends to infinity) for almost every *x*. Wiener and Wintner showed that the stronger statement - for almost every *x*, the averages converge for all  $\theta$  - holds.

We discuss analogous and related results for the averages

$$\sum_{j|=1}^{n} \frac{f(T^{j}x)}{j}, \quad \text{and} \quad \sum_{|j|=1}^{n} \frac{e^{(ij\theta)}f(T^{j}x)}{j}$$

and show how these averages arise naturally in the context of operator theory and Fourier series.

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